



Why Avoid Midday Planting?

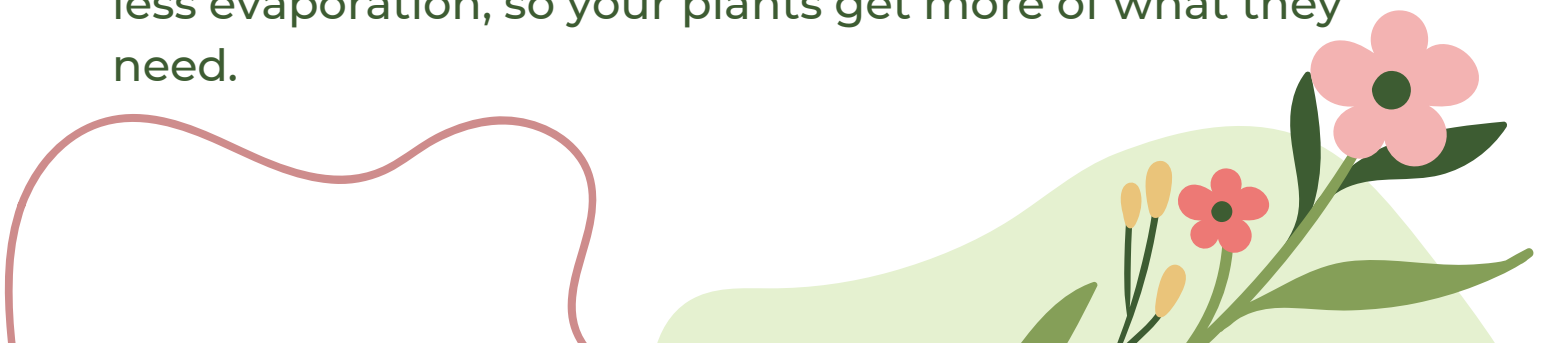
Midday might seem convenient, but it's the worst time to plant! The heat and intense sunlight can stress your new plants. Here's why early morning or late evening is the gardener's golden hour.

Early Morning: A Fresh Start for Plants

- **Cooler Temperatures:** Plants are less likely to wilt or go into shock.
- **Moist Soil:** Overnight dew keeps the soil damp, making digging easier and better for root contact.
- **Lower Evaporation:** Water stays in the ground longer, reducing waste and boosting hydration.

Late Evening: Calm and Cool

- **Less Sun Exposure:** Prevents sunburn on tender leaves and roots.
- **Reduced Stress:** Plants have the whole night to settle in before facing the sun.
- **Efficient Water Use:** Watering in the evening means less evaporation, so your plants get more of what they need.





☀️ Midday Planting: The Risks

- Heat Stress: Hot soil and air can damage delicate roots and leaves.
- Quick Drying: Water evaporates fast, leaving your new plants thirsty.
- Sun Scorch: Bright sunlight can burn tender young transplants.
- Tough Work: Gardening under the hot sun can be physically draining and unsafe for you, too!

🌸 Pro Tips for a Thriving Garden

- ✓ Water your plants before and after planting.
- ✓ Use mulch to retain moisture and protect roots.
- ✓ Choose cloudy days if you must plant during the day.
- ✓ Always hydrate yourself too, gardener wellness matters!

Remember: The best time to plant is when it's cool, calm, and kind to both you and your garden. 🌿
Morning or evening = happier plants, healthier soil, and a more joyful you.

